

THE McCAIG INSTITUTE FOR BONE AND JOINT HEALTH PRESENTS

## WOOD FORUM 2020

# HIP HEALTH

**Saturday, November 7, 2020**

10AM to noon

[mccaig.ucalgary.ca](http://mccaig.ucalgary.ca)

## PRESENTATIONS

### WELCOME AND INTRODUCTION



**JON CORNISH**

Jon Cornish is an investment advisor with RBC Dominion Securities with an extensive background in finance. He is best known for his legendary nine years playing for the Calgary Stampeders as a running back. He is a two-time Grey Cup Champion, winning in 2008 and 2014, and in 2013, he won the Lou Marsh Trophy, awarded to Canada's best athlete. Jon enjoys volunteering and works with the Calgary Foundation, the Calgary Black Chambers and the Alberta Children's Hospital.

### PRESENTATIONS

**Welcome from the McCaig Institute for Bone and Joint Health**

DR. STEVEN BOYD

**Keeping hip: Tips for preventing bone loss and hip fractures**

DR. EMMA BILLINGTON

**It's legal but is it any good: Some thoughts on CBD (cannabidiol) in the management of arthritis**

DR. LIAM MARTIN

**Let's get hip! Advances in hip replacement surgery**

DR. RAJRISHI SHARMA

**Preventing future fractures: An overview of the Alberta 'Catch a Break' and 'Fracture Liaison Service' programs**

SHANNON FALSETTI

### Q&A PANEL WITH PRESENTERS

## ABOUT THE EXPERTS



### STEVEN BOYD

Dr. Steven Boyd, PhD, is the director of the McCaig Institute for Bone and Joint Health. He is a professor in the Cumming School of Medicine at the University of Calgary and holds a joint position with the Schulich School of Engineering and the Faculty of Kinesiology.



### RAJRISHI SHARMA

Dr. Rajrishi Sharma, MD, is an orthopaedic surgeon and a clinical assistant professor in the Cumming School of Medicine at the University of Calgary. Dr. Sharma brought anterior hip replacement to western Canada five years ago and continues to teach this approach to surgeons across Canada. His research focuses on the outcomes of hip and knee arthroplasty with a focus on the anterior approach to hip replacement and the impact on the healthcare system.



### EMMA BILLINGTON

Dr. Emma Billington, MD, is the associate medical director of the Dr. David Hanley Osteoporosis Clinic and a clinical assistant professor in the Cumming School of Medicine at the University of Calgary. Her research aims to improve the delivery of care and education for people at risk of fractures and to explore unique nutritional and medical approaches to prevent osteoporosis and fracture.



### SHANNON FALSETTI

Shannon Falsetti is a nurse clinician supporting the Alberta Health Services Bone & Joint Health Strategic Clinical Network and their Fragility & Stability Program, which focuses on bone health and the prevention and care of fragility fractures. She provides clinical knowledge to help guide care for hip fracture patients across the province.



### LIAM MARTIN

Dr. Liam Martin, MD, is a member of the Division of Rheumatology in the Department of Medicine and a professor in the Cumming School of Medicine at the University of Calgary. His research interests lie in the early diagnosis and management of patients with arthritis and in the application of a patient centered approach to care.

## THE WOOD FORUM

The Wood Forum is supported through the Wood Joint Research Fund which honours the memories of Dr. John and Mrs. Christena Wood. The forums were designed to enhance public awareness of the causes, consequences and prevention of joint injury and disease, and to provide an opportunity to discuss the latest research findings with leaders in the field. The Wood Research Fund continues this legacy.

## THE McCAIG INSTITUTE FOR BONE AND JOINT HEALTH

The McCaig Institute at the Cumming School of Medicine in the University of Calgary is home to a team of researchers and researchers-in-training working together to improve the prevention, early diagnosis and effective treatment of bone, muscle and joint conditions. Much of the research at the McCaig Institute is focused on osteoarthritis, rheumatoid arthritis, osteoporosis and sport injury.